



INFORMATION AND DIRECTIONS

Sacramento Convention Center • Saturday, February 27, 2010

1400 J Street, Sacramento, CA 95814 • (916) 808-5291

7:30 am Registration and Health Fair open • 9:00 am - 5:00 pm Conference and Health Fair

The opening session sets the stage for the whole day. We recommend you make every effort to be in your seat at 9:00 am.

FOOD: The first food (light snack and beverage)we offer is at 10:40 AM during the morning break. We suggest you eat prior to arrival or bring additional snacks if you might need them. Lunch will begin at 12:30 PM. There will be NO food provided after lunch. Please bring snacks if you might need them. Beverages will be available in the Health Fair throughout the afternoon

CLOTHING: We suggest you bring a SWEATER or JACKET and wear COMFORTABLE WALKING SHOES

DROP-OFFS: can be made at the Convention Center entrance 1400 J Street

PARKING: Parking is available at city-run and privately owned lots within walking distance of the facility. For more parking information please visit: www.cityofsacramento.org

GETTING TO THE SACRAMENTO CONVENTION CENTER:

FROM SAN FRANCISCO I-80 : Take I-80 EAST to Sacramento. Continue on US-50 East Toward Sacramento/South lake Tahoe. Take I-5 Fwy (Redding turn-off). Take “J” Street Exit (one-way street, EAST). Take “J” Street to 14th Street. Center is on your right.

FROM RENO I-80 : Take I-80 WEST to Sacramento. Take I-5 SOUTH to Los Angeles. Take “J” Street Exit (one-way street, EAST). Take “J” Street to 14th Street. Center is on your right.

FROM HWY 99: Take Hwy 99 to Sacramento. Take US-50 towards San Francisco, immediately get over to the Right lane. Take 16th Street Exit (one-way street, NORTH). Take 16th to “I” Street (one-way street, WEST) and turn LEFT. Take a LEFT on 14th Street. Center is on “J” Street and 14th Street.

FROM SOUTH LAKE TAHOE HWY 50: Take Hwy 50 to Sacramento. Take 16th Street Exit (one-way street, NORTH). Take 16th to “I” Street (one-way street, WEST) and turn LEFT. Take a LEFT on 14th Street. Center is on “J” Street and 14th Street.

FROM I-5 NORTH or SOUTH: Take “J” Street Exit (one-way street, EAST). Take “J” Street to 14th Street. Center is on your right.

MORE DRIVING DETAILS: Call the Sacramento Convention Center (5916 808-5291 or visit www.sacramentoconventioncenter.com
OTHER QUESTIONS? Call TCOYD (800) 998-2693 or (858) 755-5683